COACH JEROME & ASSOCIATES

JEROME ARRINGTON

Life Coach | Author | Speaker | Master Trainer



RESHAPE THE FOCUS. TRANSFORM THE FUTURE.

Practical, engaging programs that help people and organizations move from insight to intentional action.

SIGNATURE SPEAKING TOPICS

01

Leadership & Transformation

Motivate across generations, lead through change, and turn shared purpose into practical action.

02

Personal Development

Build emotional awareness, confidence, and choices that support growth.

03

Managing Relationships

Strengthen communication, boundaries, trust, and intentional responses.

SPEAKING PRODUCTS

KEYNOTE ADDRESS
45-60 minutes

INTERACTIVE WORKSHOP
60-180 minutes

KEYNOTE + WORKSHOP
Custom sequence

PANEL / FIRESIDE CHAT / CONVERSATION
Custom

ABOUT JEROME

Jerome Arrington combines the heart of a coach with the discipline of a master trainer. His work brings together leadership, emotional intelligence, personal growth, relationships, and organizational learning in language audiences can use immediately.

BOOK JEROME FOR YOUR NEXT EVENT

hello@coach-jerome.com | (404) 309-6345 | Atlanta, Georgia + virtual